

SHEBOYGAN SOUTH GIRLS JR. REDWINGS BASKETBALL PROGRAM

The Sheboygan South Girls Jr. Redwings Basketball program is a youth organization that provides girls of all skill levels, 3rd through 8th grade, the opportunity to play competitive basketball. **The program, which is exclusive to those planning to attend Sheboygan South High School in the future, is the “official feeder program” for Sheboygan South High School and will be seen as an extension of the Sheboygan South High School Girls Basketball program.**

SHS Jr Redwings goals for its participants are:

- To develop basketball skills and improve as a player
- To learn “life lessons” that have value beyond the basketball court
- To feel like an important part of the team regardless of performance
- To have fun at practices and games

We are committed to creating a positive culture, in which coaches, parents, fans, officials, and players work together to achieve this mission. The program runs in the Fall from early October until middle of March. During the session the players will participate in a weekly Saturday League, one tournament and a State tournament. Practices will vary for each session, after the initial first weeks players can expect a minimum of one practice per week, plus games.

Structure:

Our Board of Directors is charged with the overall management of our organization that includes coach’s responsibilities

Cost of the Program: The cost is \$100 which includes open gym times, practices, league fee, end of year tournament fee, a pair of shorts and a reversible Jr. Redwing jersey to be handed in at end of the season. If this is a problem, please contact Coach Hansen to work something out.

Scholarships are available in which cost may be waived with the commitment to participate in three, two-hour volunteer shifts at various fundraising opportunities. We do not want any girl who wants to play left out due to finances. All checks should be made out to the Sheboygan Girls Basketball. You may bring the check, along with the JR Redwing Registration Form to one of the October practices or mail it to Ellyn Hansen, Girls Basketball Coach, 1240 Washington Ave. Sheboygan, WI 53081-6759. Once teams are decided and a fee is paid, the fee becomes non-refundable. Registration is due Friday, October 25th.

For questions or information, feel free to contact South GBB Coach **Ellyn Hansen** at ellyn.hansen@yahoo.com.

Jr. Redwings and Being a Part of the Team

The Jr. Redwing Girls Basketball program provides a competitive playing environment for all of its players. We consider our "Team" to include players, coaches and parents. Before you commit to any one of these roles, we urge you to review the Jr. Redwing Codes of Conduct and Expectations. You should become involved with Jr. Redwings only if you are able to make the commitment expected by Sheboygan South Girls Basketball Coaches, and the Fast Break Club & JR Redwing Board. Our past experience has proven that those unwilling to make the commitment do not have a positive experience, while those willing to make the expected commitment have a very positive experience.

The statement below best describes what we should all understand when it comes to our children and competition:

Your child's success or lack of success in sports does not indicate what kind of parent you are. But, having an athlete that is coachable, respectful, a great teammate, mentally tough, resilient, and tries their best. IS a direct reflection of your parenting.

THE REDWING WAY: Be A Redwing Commitment, Leadership, Effort, Respect, Pride.

Parent - Coach Communication: Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to our student-athletes. As parents, when your daughter becomes involved in our program, you have the right to understand what expectations are placed on her. This begins with clear communication from the coach of your daughter's program.

Communication you should expect from your daughter's coach:

1. Philosophy of the program.
2. Expectations the coach has for your daughter as well as all the players on the squad
3. Location and times of all practices and contests.
4. Discipline that may result in the denial of your daughter's participation.

Communication coaches expect from parents:

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concerns with regard to a coach's philosophy and expectations.

As your daughter becomes involved in the program, they will experience some of the most rewarding moments of their lives. It is important to understand that there may also be times when things do not go the way you or your daughter wish. At these times discussion with the coach is encouraged.

Appropriate concerns to discuss with coaches:

1. The treatment of your daughter, mentally and physically.
2. Ways to help your daughter improve.
3. Concerns about your daughter's behavior.

It is very difficult to accept your daughter not playing as much as you may hope. Coaches will make decisions based on what they believe to be the best for all involved. As you have seen from the list above, certain things can be and should be discussed with your daughter's coach. Other things, such as those listed below, must be left to the discretion of the coach.

Issues not appropriate to discuss with coaches: (playing time is not guaranteed):

1. Playing time.
2. Team strategy.
3. Play calling.
4. Other student athletes.

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issue or concern.

Procedure to discuss a concern with a coach:

1. Call to set up an appointment.
2. Deal with the coach directly.
3. Your daughter needs to be directly involved in this meeting.
4. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both parents and the coach. Meetings of this nature do not promote resolution.

***Dismissal from the Program: (zero tolerance; no margin of error)**

Any parent or guardian who is kicked out to leave a gym due to poor behavior towards officials, coaches, or other parents and players, will be immediately dismissed from all Jr Redwing activities. We will not tolerate this behavior; there is nothing positive from being negative towards officials.

PLAYING TIME: The following rules are provided to give the players and parents an understanding as to how playing time will be handled with the Jr. Redwing teams. All playing time rules assume the player is not sitting out due to any team rule violations.

3-4 Grade:

All players will play in every game. All players may play equal amount of time in all games when possible, but this is not guaranteed.

The 3-4 grade teams are intended to introduce players to competitive basketball.

5-6 Grade:

All players will play in every game. Playing time at this level will be determined by skill and player effort.

The 5-6 grade teams are intended to continue to introduce all players to competitive basketball; however, players need to learn that the better players will start to play more minutes in certain games.

Although playing time does not need to be equal at this level, enough playing time should be provided to allow each player a chance to work on their skills during game situations.

7th Grade:

All players will play in every game. Playing time at this level will be determined by skill and player effort.

The 7th grade teams are intended to further implement the idea of competitive basketball, games and playing time should be seen as being more competitive.

Players that are better will continue to receive more playing time; however, players that are working to improve skills will be rewarded with additional minutes of time.

While being competitive the coach should be encouraging all players to work on improving their skills

8th Grade:

All players will play in every game. Playing time at this level will be based upon skill, player effort and results.

The 8th grade teams are intended to stress the idea of competitive basketball, games and playing time should be seen as being highly competitive. Players that are better skilled, will receive more playing time; refer to parent -coach communication expectations above.

Summary: This will be a very competitive season with the tournaments and LBL scheduled dates. Some teams with higher numbers in players; we cannot guarantee any set amount of playing time (which is required for Rec and YMCA basketball).

We want to make sure that all parents understand our goal with the Junior Redwing program is player development and if kids are not playing, obviously this will impact their basketball development. Our practices will help your daughter get better, however players improve when they can apply what they have learned in practice (and more importantly, how hard they worked in the off season to get better) and display that in a game setting.

****Have a discussion with your daughter, and if you decide she would be better off playing in the Rec Dept. leagues, please let us know as soon as possible. We have a soft registration agreement with the Recreation Department. The Rec Dept. will find your daughter a team; a team with others from their school if possible. Players in the past have had positive results.***

EXPECTATIONS OF PLAYERS: Players selected are expected to attend Jr Redwings practices and games. Conflicts that arise, can and will be worked out. If for some reason you are going to be late or miss a practice or game, let your Jr Redwings coach know with as much advance notice as possible. Failure to attend practice or notify the coach may/will result in reduced playing time for the next tournament or game. If a conflict with another basketball team comes up, we would expect the player to communicate this with their coach. If this is not possible, the player should not expect the coach to make special accommodations for the player. Let's work together so it benefits all of the girls and the teams. It should be noted and not taken lightly that academics and proper school behavior should always come before extra-curricular activities such as basketball. All members of the Jr Redwings should strive to do their best in the classroom and should act in a respectful manner in the classroom.

Other expectations of players are listed below: (The Foundation of the Program).

Commitment: being committed to your team, your role, and Jr. Redwings is vital. Being committed to your desire to get better every practice will be rewarding. IF you commit 100%, you will improve your skills.

- On time for practice is late; come 15 minutes early so you are dressed and ready to go at that first whistle.
- Not missing practices, because you'd rather play video games, or you are tired from a long day at school for example. If you are ill, sick, or have a family situation, please communicate with your coaches.

Consistency: there are going to be good and bad days throughout the season. The one thing you can control is your effort and attitude. Consistency is expected in school, your home, and in the community too. Represent your family, your school, your team, and yourself with class. Doing the right thing isn't a sometimes thing, it should be an all the time thing.

Leadership: this can best be explained as putting your team ahead of yourself. It is amazing what can be accomplished if nobody cares who gets the credit. A true leader can be doing what is right, even when nobody is watching.

Unselfishness: The best teams that I have been involved with, understood the importance of playing unselfish. Within your role to the team, you may be the scorer, or you may be the player who needs to rebound more than score points, whatever your roles is, be good at it, and embrace it. Making the extra pass when a teammate is open is a great example.

Disciplined: Doing what you are supposed to do, when you are supposed to do it.

Resilient/Tough: Never ever, ever give up when you are challenged in practice or in a game. You must focus on doing your best and competing in every single drill and possession on the floor.

“I didn't get into teaching and coaching for the number of wins or the money. It was a passion for trying to help young people.” - Bo Ryan

PARENT CODE OF CONDUCT

1. I will attempt to relieve the pressure of competition, not increase it.
2. I will be supportive of the coach
 - a) Expecting your child to follow the player's code of conduct at all times
 - b) Bring / pick up your child from practice on-time
 - c) Promptly read/respond to communications from the coach / help when asked
 - d) Help enforce building rules / respect of property while at practice and events – keep watch of siblings
 - e) Refraining from coaching your child from the stands
 - f) Address any issues with the coach in a private setting, never on the day of a game

3. I will demonstrate good sportsmanship by applauding good play by our team as well as the opposing team and accept the results of each game.
4. I will refrain from openly questioning a referee's judgment – set a good example for the players.
5. I will refrain at all times from making negative or derogatory comments about players, coaches, officials or fans while at an event and or in a public place – remember that you are also responsible for extended family members & friends – we also strongly suggest to avoid these types of conversations in front of the players.
6. I will refrain at all times from using email, Facebook or other social media to post concerns, issues or negative / dissatisfactory comments.
7. I will properly report any issues or concerns - first contact the coach, if the issue needs further attention, contact Coach Ellyn Hansen so they may be properly and professionally addressed.
8. I will assist the Jr Redwings in providing volunteer hours at LBL games, tournaments, and other fundraising events. Understanding that it is vital for the success of the Jr Redwings to have strong volunteer support of its parents and understand this is a requirement of my child's participation in Jr Redwings.
9. I will properly care for my daughter's uniform and return it cleaned at the designated time; failure to do so could result in a fee to replace the uniform.

COACHING EXPECTATIONS and CODE of CONDUCT EXPECTATIONS

1. Attend mandatory coaches meetings and clinics as communicated.
2. Organize a parents meeting at the beginning of the season – including a review of Player's, Parent's and Coach's Code of Conduct.
3. Provide timely communications to parents regarding practices and games.
4. Be organized – have written practice plans, delegate responsibilities to assistant coaches and parents appropriately, work with needed contacts for tournaments, rosters, uniforms, equipment, etc.
5. Work with the high school staff and other coaches to run similar offensive and defensive schemes/plays within the grade – use guidance from the varsity head coaches and staff to assist. (Reference to the GBB Handbook and Playbook)

6. *Focus on Fundamentals – develop a strong foundation in the fundamental basketball skills – dribbling, passing, rebounding, shooting and defending – wins and losses come and go, but this is the time to make them excellent players as they get older.
7. Understand the rules – read them before you begin your league or tournament.
8. Be everyone’s coach – all players deserve your coaching at practice and in games – if you coach your own child treat them as an equal to the entire team.
9. Demonstrate good sportsmanship – players will learn from your example, control your emotions, avoid actions, language and gestures that may be interpreted as inappropriate.
10. Create a positive / instructional / challenging atmosphere –
 - a) Make it fun for the players, pushing them to become a better player / person
 - b) Keep it age appropriate for the level of coaching intensity
 - c) Never ridicule or yell at player for making mistakes or losing a game
 - d) Communicate with players in practice and games about their play – this is critical to help the player grow and develop
 - e) Be patient – help them learn from their mistakes with positive reinforcement of the proper behavior
 - f) Do not single out players for criticism in front of their peers
11. Follow Jr Redwings guidelines for playing time.
12. Coaches enforcement of Player’s and Parents Code of Conduct.
 - a) Coaches are expected to enforce with sound judgment and appropriate actions.
 - b) Communicate infractions of the Player Code of Conduct to the player, the parents and inform the Executive Board.
 - c) Communicate infraction of the Parents Code of Conduct to the parents and the Executive Board.
 - d) Player issues regarding Player Code of Conduct #5 must be communicated to the player & parents with expectations on areas improvement and then given ample opportunity to demonstrate a change in behavior/attitude – heads up communication regarding these situations should be sent to the Executive Board.
13. Be open and understanding to listening to parents concerns or issues.

After reading the information contained in the handbook, please complete the section below and return it, along with your Jr. Redwing Registration Form and \$100, to your daughter’s Head Coach.

JR Redwing Handbook Acknowledgment

My parent/guardian(s) and I have read and reviewed the South Jr Redwing GBB Handbook. We understand the contents of all documents and agree to abide by them.

If you have any questions in regards to the handbook feel free to contact your designated Head Coach or Coach Ellyn Hansen; ellyn.hansen@yahoo; Cell: (608) 201-8700

Print Student-Athlete Name:

Student-Athlete Signature: _____

Print Parent/Guardian Name (s):

Parent/Guardian(s) Signature: _____

Email address: _____